

# Twin Services Consulting

## Multiple Birth Resources

### For Parents

Support Groups:

**National Organization of Mothers of Twins Clubs 1-877-540-2200; [www.nomotc.org](http://www.nomotc.org)** referral to local, parent support groups and possible sources of recycled clothing and equipment.

**Triplet Connection: 209-474-0885; [www.tripletconnection.org](http://www.tripletconnection.org)** and, **Mothers of Super Twins: 516-434-MOST; [www.MOSTonline.org](http://www.MOSTonline.org)** - information and resources for triplets or higher.

**Information and encouragement:**

**Center for the Study of Multiple Birth: 312-266-9093; [www.multiplebirth.com](http://www.multiplebirth.com)** - information and referral regarding multiple pregnancy.

**Center for Loss in Multiple Birth: 907-746-6123; [www.climb-support.org](http://www.climb-support.org)** - a network of support for parents who lose infant or young multiples.

**Sidelines (for women on bedrest) 888-447-4754; [www.sidelines.org](http://www.sidelines.org)**

**Twin Services Consulting: 510-524-0863** - message machine  
Consultation on twin development and care - e-mail to [twinservices@juno.com](mailto:twinservices@juno.com)  
Articles regarding twin development and care available on line at <http://www.twinservices.org>

**Twinsight: 310-458-1373; [www.twinsight.com](http://www.twinsight.com)** – Counseling for twins and parents with multiples.

**Teen parents:** call your local school district for the number of your local Adolescent Family Life Program for teen specific programs.

**Twin to Twin Transfusion Syndrome Foundation: 440-899-8887 ; [www.tttsfoundation.org](http://www.tttsfoundation.org)**

**Twins Foundation: 401-729-1000; [www.twinsfoundation.com](http://www.twinsfoundation.com)** - resources for multiples, especially adults.

**Twins Magazine: 1-888-55-twins; [www.twinsmagazine.com](http://www.twinsmagazine.com)** – bimonthly - for parents.

### For Professionals and Support Group Leaders

**Twin Services Consulting** offers the following programs:

**web site: <http://www.twinservices.org>** offers articles about many key multiple birth topics, information and web links to multiple birth resources

**referrals, consultation and training.** Consultations re program development and case management. Periodic seminars and training for health and family service professionals and educators. For more information call 510-524-0863 or e-mail [twinservices@juno.com](mailto:twinservices@juno.com)  
Twin Services, P.O. Box 10066, Berkeley, CA 94709. phone: (510) 524-0863 e-mail: [twinservices@juno.com](mailto:twinservices@juno.com) web: <http://www.twinservices.org>